BATTERJEE MEDICAL COLLEGE A PUBLICATION OF THE BMC ALUMNI MAGAZINE

May.2021

ALUMNI 5TH REUNION

A Distinguished date for all BMC graduates

DREAMS MAY COME TRUE

Alumni Success Story

AL-FORSAN Alumni in the Spotlight

CONTENT

- 04 Message from Alumni
- 05 Dreams May Come True Alumni Success Story
- 07 Closer Look At Dr. Lujain Samarkandi, Head of Healthcare Administration program
- 09 Alumni Engagement Alumni 5th Reunion
- 13 AI-Forsan Alumni in the Spotlight
- **14** BMC Dentistry Program Achievements
- 15 An Advice from BMC Alumni Profissional Development Unit

17 Featured News

Proud of our Alumni Association Leaders

Congratulations to BMC Alumni

BMC Social Responsibility

MOU with Ministry of Labour and Social Development

BMC Extracurricular Engagement

Honor Alumni 2021/ Alumni Recognition of Excellency

- 31 You Deserve Happiness
- **33** Become a Member of our Alumni Association



ISSUE 14

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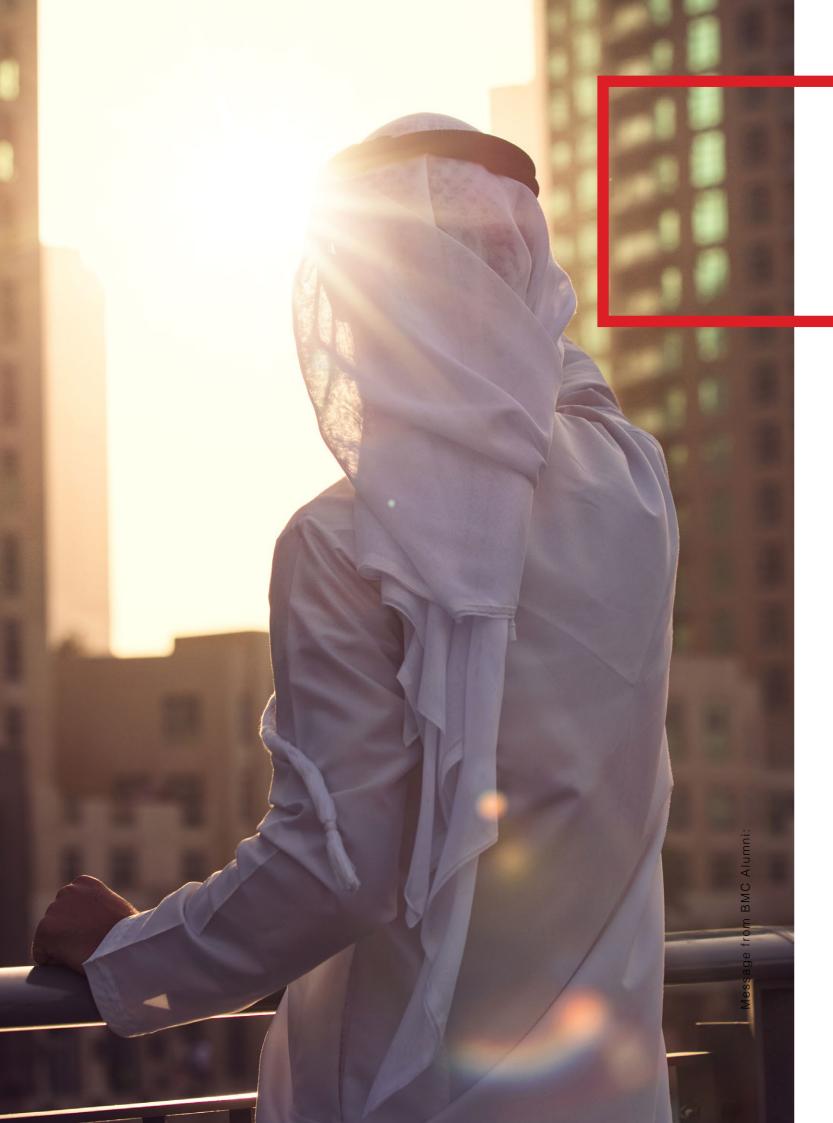


Welcoming Words

Dear BMC Alumni

Welcome to the 14th edition of the BMC Alumni Magazine. As the previous editions, we hope this edition provides both insights and inspirations, and shines the spotlight on what our alumni, faculty, staff, community partners, and students are doing to make a positive impact. We hope the resources shared are also helpful during this challenging time.

During this continuous unusual time, our efforts are focused on maintaining the education of the next generation of medical professionals at the highest quality and keeping scientific discovery progressing. This poses an additional challenge as we adapt to an environment necessitating that we communicate more via technology rather than within close proximity to each other. To that end, it continues to be important to acknowledge the good work coming out of our College, our alumni, and of course our students — there is much to be proud of. Also, our vibrant program of events in BMC and increasingly international, is a great way to stay in touch with your college and with fellow graduates and friends. Thank you for your continued support. We invite you to be part of what comes next, and look forward to connecting with you.



MESSAGE FROM BMC ALUMNI

When we decided to join Batterjee Medical College, we all had the same childhood dream, which was merely to become doctors, pharmacists, or nurses and eventually to be addressed by these titles! We still remember our first day at BMC when professors asked us why we wanted to be doctors, nurses, or pharmacists. On that day, when we returned home, we kept asking ourselves the same question, seeking a real answer. Our professors taught us that medical courses are not strings of sounds and letters joined together but rather documents about human nature. These courses are sources of knowledge to support us



assist people who need help and that what will make us proud!

This was the beginning of a dream turning into vision, and vision turning into reality. So when you turn over the pages of this magazine, don't think of it as drops of ink on white pages. Think of it as the product of years of study. It represents our dreams, visions, and goals.

As you are reading this magazine, you would be reading us!

BMC Alumni

DREAMS MAY COMETRUE



Yasmeen Muhammad Al-Ruwaili is a BMC graduate of Physical Therapy in 2013. Yasmeen was among the distinguished graduates of BMC who were involved in glorious and outstanding achievements after graduation. BMC Professional Development Unit recently acknowledged that Yasmine has achieved her dream and finally opened the first Physical Therapy Specialized Centre in the northern border of Saudi Arabia, the city of Turaif.

THIS WAS NOT JUST A DREAM !

Having a Physical Therapy Centre in her hometown was a dream which turned to be a goal to achieve. As any ambitious and hard-working person, Yasmeen went through many obstacles and difficulties, yet could eventually make's it. She claimed that she was among the luckiest people who got acceptance in BMC PT Program. Before that, she got acceptance in King Abdul-Aziz University in different speciality, but she went to BMC and the program she was passionate about, and the road of success started from there.

Yasmeen mentioned that when she got acceptance in BMC and she was happy despite the feelings of nostalgia that she went through as she left her North Border hometown to Jeddah, Western reign of the kingdom, for the sake of studying and achieving her dream.

After graduation, Yasmeen worked as Physical Therapist for years in a centre in Hafar Al-Batin. Today, Yasmine could eventually achieve her dream and open Yasmeen Specialist Centre for Physical therapy.





Please give us a brief idea about yourself and your career profile. Who's Dr. Lujain?

I am Lujain Abdulaziz Samarkandi; I have been working as an Assistant Professor and Head of the Healthcare Administration program at Batterjee Medical College since December 2019. I got my bachelor's degree in Business Administration from King Abdulaziz University in 2009. After that, I moved to the US to pursue my passion for the Healthcare field. In 2012, I got my master's degree from the University of New Haven in healthcare Administration. Then, I started my Ph.D Journey in 2014

at Seton Hall University. In 2019, I earned my Ph.D. in Professional Leadership in Health Science from the Department of Inter-professional Health Sciences and Health Administration. I came back to Saudi Arabia by the end of 2019 after completing my long journey and I joined the BMC team.

Why did you choose your field of Health Care Administration? Was it your first choice?

Firstly, I took an interest in Healthcare Administration because the healthcare system is undergo-

ing rapid development and change. That industry change requires operators of healthcare facilities to make challenging decisions. I found this is especially true in Saudi Arabia's health care system, which has experienced significant progress and improvement recently. I have a special interest in the development of healthcare policy, and I would like to research the way in which health care leaders can support and promote the health care delivery system by using new technology.

In addition, I have a business background that would come in handy as an administrator, and I built up more knowledge in healthcare that I need to be an effective academic leader in the health sciences. All that had encouraged me to look for possibilities to continue my study in this landscape.

Describe a challenging situation that you have faced during your work/ study and how did you handle it?

Throughout my studying experience, I have gained the capability of working logically and carefully under pressure. I learned how to adjust to changes very guickly and confidently. As a Ph.D. candidate, I went through many ups and downs; it was a long journey so it was difficult to stay motivated. I recognized the importance of having a supportive network of peers around me, who helped to put me back on track. Also, I believe making time for activities outside of the studying environment is energetic for long-term success

Who is the person who left a great impact on you?

Of course, my parents had a great impact on me. I learned how to challenge my abilities while striving to reach higher goals. Words cannot explain how grateful I am to my father Abdulaziz Samarkandi and my mother Hayat Badur, as they encouraged and helped me in different aspects of my life.

What has been the most difficult/emotional situation in your career? What was the lesson you got out of this situation?

As an educator, one of the main challenges I faced was dealing with the impact of the COVID-19 condition and make sure that our students virtually connected and continue to learn effectively. In general, being in a healthcare setting where I am able to make a significant impact through process development really convinced me that healthcare administration was the right path for me.

Any advice you would like to share with students?

Be open to new things, Set up your goals, Plan your future, Have a clear vision, and Remember learning never end!

ALUMNI ENGAGEMENT

BMC Alumni 5th Reunion

January 5th, 2021 was a distinguished date for all BMC graduates. BMC organized its 5th Alumni Reunion where a number of graduates from all programs joined. The reunion was placed at the Batterjee Beach House in Jeddah.

A number of graduates provided a speech expressing their experiences after graduation. Dr. Hamza Khoja, who became the president of Alumni Association this year, spoke about the association, its future plans, and the services they can provide to the graduates.

Also, Dr. Maha Shanqab, a BMC Al-Forsan graduate of Medicine who currently works in Al-Rashed Hospital in Dubai, expressed her love and gratitude to BMC staff, members, and graduates through an online call. She talked about her experiences after graduation and ended her speech with advices to her fellow graduates.

On the other side, Mr. Abdul Aziz Aljunaidi, BMC graduate of PT, provided a speech and mentioned that he got an acceptance for his second Master Degree in Australia.

The event was full of other activities and talks among the graduates and Eng. Subhi Batterjee, who expressed his love and support to BMC Alumni.



ALIMNI IN THE SPOTLIGHT

Dr. Abdullah Bahi is BMC Al-Forasn graduate of Medicine 2015. He is one of the BMC distinguished alumnus whose talent as an artist supports drawing his future career in plastic surgery. His passions in medicine, unique personality, and love for art and painting have supported him to be who he is today. Currently Dr. Abdullah is in his third year of residency in the Egyptian Fellowship of Plastic and Reconstructive Surgery, as well as the Arab Board for Plastic and Reconstructive Surgery. BMC Alumni Professional Development Unit team had the chance to interview him and get answers that may inspire you to support yourself after graduation.

What inspired and motivated you to be a painter/artist?

I have always had the passion of using pens and pencils in creating art. It started off as a hobby like many kids in coloring books and coloring pages in the middle of kids' magazines. The hobby took itself to another level in primary school where I used to copy pictures of my favorite cartoon characters using pencils and colors. It stayed dormant for many years and I started drawing again during college years where I concentrated on drawing portraits of people.

After graduation from BMC, I decided to take this hobby more seriously and selflearnt by reading books about drawing and watching You-Tube videos, especially using graphite pencils and charcoal.

Art was one of the things that motivated me to join the field of Plastic Surgery, as is basically dependent on hand skills and the artistic touch of the surgeon using basic principles learnt during residency years.

As someone who specialized in the medical field, how can you mange between your career in medical field and your hobby?

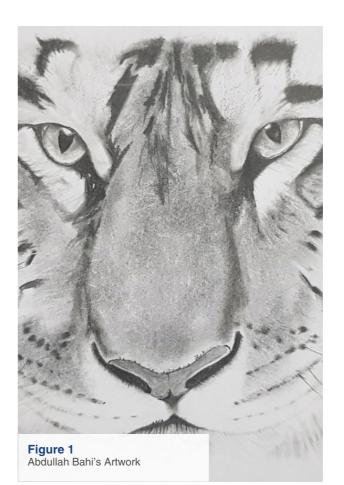
It's interesting to say that most of my hobbies matured after I joined the medical field, whether it is drawing, photography, reading, fitness, etc.

The most important thing in my opinion is time management, starting from managing your daily tasks up to managing the next few months or even years of your life.

It is also vital not to bury yourself at work, you must never forget that you have a life outside the hospital which keeps you going, and prevents you from going into a physician burnout or depression.



Figure 1 Abdullah Bahi's Artwork







BMC DENTISTRY PROGRAM ACHIEVEMENTS

The Dental Program at Batterjee Medical College has started in 2008 and ever since has been delivering a high level of undergraduate dental education year after a year. The six-year program is graduating its eighth batch in 2021, despite the implications of the COVID-19 pandemic, the program has been carefully managing the educational process and closely monitoring and looking over for the best of the students' interest.

Batterjee Medical College as an institution is accredited by the Education and Training Evaluation Commission (ETEC) and the dental program is taking major steps this year to receive the same accreditation at its program level.

During this academic year, BMC dental clinics have served over 3500 patients, offering primary dental care that ranges from restorations and extractions up to dentures and implants while maintaining government enforced social distancing and strict precautionary measures.

This academic year is very special, the results of our graduating interns in last year's cycle of the Saudi Dental Licensing Exam (SDLE) were unsurpassed, and our current interns are following the same path this exam cycle, with one of them achieving the first place in the specialty of Endodontics nationwide in early 2021. On the postgraduate level, equipped with 94 dental chairs, the well-established dental clinic has received a four-year full institutional accreditation by the Saudi Commission for Health Specialties (SCFHS) this year, has a running postgraduate Saudi board program in prosthodontics, and has received the approvals to inaugurate two more postgraduate programs in the fields of Paediatric Dentistry and Endodontic next academic semester.

We are working on the establishment of two more postgraduate programs this year to reach a total of five advanced dental education programs by the year 2022. Furthermore, this initiative is an approach to extend the capacity of the dental clinics to become a secondary dental care centre that provides complex dental treatments to the community of north Jeddah. Therefore, these achievements will put us on track with the realization of the Kingdom's 2030 vision and its National Transformation Program in the field of Healthcare.

The program also gives a great deal of attention to delivery of Para-dental education. The Para-dental education is currently running the SCFHS Dental Assistant Program for the second consecutive year, providing the dental workforce market with highly skilled technical dental nursing manpower. Finally, the program maintained its outreach community services through virtual platforms, conducting awareness webinars to school children on the importance of oral care throughout the academic year.

The journey continues, and it will never stop.

AN ADVICE FROM BMC ALUMNI PROCESSIONAL DEVELOPMENT UNIT



Many college graduates are eager to join the workforce. However, the competition is rising every year in terms of the availability of vacant medical specialities positions.

If you are a fresh graduate, or already graduated a few years ago, but haven't got the opportunity to work yet, then, you probably have already experienced some or all of these fears:

You're eager to put your new college degree to use but don't have your perfect job lined up. You're worried that you may have a lack of experience. You've never been interviewed and aren't sure how to prepare.

Do not worry. Everyone worries about this situation after graduation, and we have some career advice for you.

Informational Interviewing

Before an interview, do research on the company and overall position you are interviewing for. When you have your interview, you will be able to tell the interviewer about the industry and ask guestions. The more questions you ask, the more you control the interview. Don't think of the interview as applying for a job. Think of it as doing an investigation to see if the company is the place you would be part of. What you really want from a first interview is information. This information includes:

- Information about what you will be doing.
- Information about the company and its culture.
- Information about the industry and the industries' main competitors.

Research the Institution Before Your Interview

When you have an interview, you must do extensive research to learn about the institution you applied to work for. For a one-hour interview, you should do 3 hours of research into the institution. When you do research for your interview, look at these things:

- Who will be interviewing you?
- The company's website.
- Its main competitors.
- The culture of the company and its main mission and goal.

Ask For More Responsibilities

When you finish a task at your new job, don't sit on your hands and wait for someone to give you a new task. Ask for more responsibility.

What Happen When You Ask For More Responsibilities.

Your boss grows to trust that if there is a job that needs to be done, you can do it. The more responsibility you ask for, the more you will be rewarded.

Your Education Never Ends

You will always be learning new things, reading new books, and developing yourself to be the very best version of you. You will be trained in new facets of a position and gain expertise and knowledge.

Be open to this change.

Use Social Media for Networking

There are always opportunities to network. Social media websites such as LinkedIn & BMC Alumni Connect make it easier to get in touch with professionals in your field. Many companies who are hiring actively seek out young professionals through theses platforms. Ensure that you have an updated resume and skills list posted on your profile.

Alumni Connect link: www.alumni.bmc.edu.sa

Stay Positive

Always think positively. Remember these two tips when you are scheduled for an interview: - Your interview starts in the parking lot.

- Your interview ends when you leave the building. Even if you are having trouble in the interview process, always keep a positive outlook. Preparation, experience, and a positive attitude will eventually lead you to the perfect job.



C Alumn BMO **t**0 Congratulations Π



PROUD OF OUR ALUMNI ASSOCIATION LEADERS

BMC Alumni Association aspires to support alumni in achieving their goals. This Association functions as a point of communication that connects BMC to its alumni and is responsible for pro-viding adequate and continuous assistance for alumni in order to facilitate the accomplishment of their goals.

We are very pleased to announce the newly elected members of the Alumni Association at BMC.

Contact us via below email address: alumni.association@bmc.edu.sa



Dr. Raef Nazer Vise President Resident- National Guard Hospital



instructor at BMC



Dr. Hamza Khoja President Medicine, Royal Saudi Air Forces

Ms. Fatema Saidi Marketing officer Physical therapy clinical



Dr. Hala alkattan Activities Officer General Dentist - Al-Thagher Clinic

THE ALUMNI ASSOCIATION SERVICES

- Promoting the loyalty of BMC graduates by cultivating a mutually beneficial relationship. •
- Encouraging alumni to stay connected in BMC alumni connect virtual platform.
 Activating the resources, talents, and initiatives of BMC alumnus by advising, guiding, and advocat ing for their initiatives and ideas.
- Coordinating activities and events for student represent .
- Advising and offering feedback to the Alumni Unit.

WE ARE P **OF OUR AI**

OSAMAN AMAN

Rosalind Franklin university Internal Medicine

BMC Congratulates you for your well-deserved success and achievements

BMC congrats Dr. Osman for being accepted in the program of internal Medicine in Franklin University. Dr. Osman is one of the disngushed graduates in the program of Medicine at BMC. He used to assist his fellow graduates in many issues related to continueing their studies.



ROUD LUMNUS	
ntatives.	
vic alumnus by advising, guiding,	

Noura Abdullah AlAtwi	Pediatrics	Jeddah
Dhay alrawithi	Pediatrics	Jeddah
Jury badwatan	Neurology	Riyadh
Rida Rayes	Diagnostic Radiology	Jeddah
Khalid Alotaibi	Pediatric	Jeddah
Banan alhusini	Pediatric	Jeddah
Thamer Alsayari	Pediatrics	Riyadh
Alaa alsafari	OB/GYN	Jeddah
Hashim almazyadi	Internal medicine	Mecca
Jawaher Alotaibi	Emergency Medicine	Jeddah
Jameelah aldaheri	Family Medicine	Taif
Alaa Alarnaouti	Preventive medicine	Jeddah
Rafal Fareedi	internal medicine	Jeddah
Haitham Alamer	Pathology	Bahrain
Sahira Nahari	Emergency Medicine	Riyadh
Yara Al Hamayl	Internal Medicine	Taif
Nuha almatrafi	Obstetric and gynecology	Месса
Majed Althagafi	Pediatric	Jeddah
Lujain Alzahrani	General surgery	Jeddah
Fatima alaidarous	OB/GYNE	Mecca
Shahad Alsulaimani	Dermatology	Jeddah
Nasser Alahmed	Radiology	Dammam
Wedad Alsamman	Anesthesia	Madinah
Raniya Ashi	General surgery	Jeddah
Wed shamah	Internal medicine	Mecca
Nada bahakim	preventive medicine	Riyadh
Noor bin mahfooz	Internal medicine	Mecca
Mashael Mutwkel	Ob-Gyne	Riyadh
Sara Ghazal	General Surgery	Yanbu
Sarah Ali Alkhatabi	Pediatrics	Jeddah
Lujain Faraj	Pediatric	Madinah
Khalid Nadra	Diagnostic Radiology	Jeddah
Shuaa alamri	Obstetrics and gynecology	Jeddah
Fatma sokail	Neuromedicine	Madinah
Alanoud musaad alzahrani	Internal medicine	Jeddah



Nursing Students Visit the Center of King Abdullah bin Abdulaziz for Disabled Kids

As part of their clinical duty with the Community Health Nursing course, BMC Nursing students visited the Center of King Abdullah bin Abdulaziz for Disabled Kids on 3rd of February 2021.

A group of kids welcomed the students with smiles that gave everyone a humbling feeling. Such tours orient students to non-profit community centers and activate the role of the nursing profession in rehabilitating disabled kids and occupational nurses in particular.

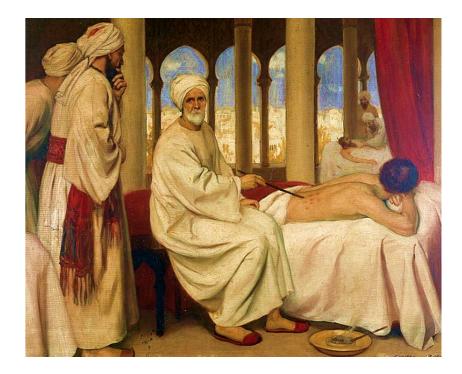
DIFFERENT PATTERNS OF BLOOD PRESSURE CONTROL



THE ISLAMIC GOLDEN AGE

Nov 22, 2020

The Islamic Youth Club at BMC hosted a workshop entitled "Highlights: The Islamic Golden Age". The club speaker, Ms.Kausar Mahaboob, started by displaying an elaborative video showing the Islamic golden age. Then the historical advancements of Muslim scientists and physicians were discussed as well. After that, an overview about Ahmed Ibn Hanbal's biography was given. In conclusion, the speaker provides a short talk about the contribution of the Islamic golden age in the ages that followed it.



The pharmacy program organized a webinar entitled "different patterns of blood pressure control" on 27th February 2021.

The speaker of the webinar was Dr. Mutaz Farid, assistant professor in the BMC Pharmacy program. He started the speech by discussing hypertension disease prevention, treatment options, and new medications. It was also posted and explained different infographics and educational media materials via social media accounts of the pharmacy club. The webinar mainly aimed to increase public knowledge about high bleed pressure prevention, diagnosis, treatment, and appropriate nutrition for patients.

SCHOOL FORUM FOR MEDICAL SPECIALTIES 2021

March 8th and 10th , 2021

The Student Development Unit at BMC has organized its annual gathering for high school students. Specifically, the Fifth Schools' Forum for Medical Specialties was held on Monday and Wednesday 8th and 10th March. The event targeted both male and female high school students to introduce the specialties that BMC offers for bachelor degrees. The aim of the forum was to familiarize students with the provided educational services and the many medical programs offered by BMC. High school students had an open discussion with department heads to clarify their enquiries regarding each program and their future position in the labor market. In addition, through the presentation, high school students learned about the extracurricular activities, events, and clubs held at BMC.

The purpose of this school forum is to keep the public informed about the college programs, activities and achievements. In order to encourage prospective students to choose BMC as 1st choice for their undergraduate studies.



BMC EXTRACURRICULAR ENGAGEMENT



HEALTH CARE GRADUATES EXTENSIVE TRAINING WEEK PROGRAM

BMC is serious about helping its students to shift smoothly from the stage of education to that of employment. And like any Excellent and unique great relationship, BMC wouldn't ask its alumni for their time, talent and treasure without giving something in return It does not only focus on internship opportunities but also works hard to provide them with the needed training and workshops to strengthen their knowledge and inter-personal skill, as well as to enhance their strength to be ready for the job market.

BMC Career Development Unit has organized workshop program for the Health Care Graduates. The Certified extensive one-week training program for Health Care graduates was meant to strengthen their weakness and enhance their strength. Number of the program attendees were hired after the program



TEAMWORK WEBINAR 23rd January, 2021

Teamwork has become a key factor for success, brainstorm, and exchange of experiences. At the 2nd semester, BMC organized a workshop under the supervision of the Skills Development Club. The speaker was Mrs. Salwa Kamel (Preparatory Year Supervisor and Certified Trainer). It was a successful workshop, with 55 attendees joined the workshop. The workshop aims at explaining the importance of teamwork and how it improves the skills of the collaborated members. In addition, during the workshop, Mrs. Salwa illustrated that teamwork saves time and contributes to the production of excellent results. The attendees became more motivated to work in teams and appreciated the values promoted by teamwork in the workplace. The attendees' feedback was great and requested more webinars in similar topics. The workshop achieved its goal.



Watercolors Painting Webinar

BMC Art Club organized a webinar on the subject of "Watercolors Painting" on 30th of January 2021. The webinar reviewed the history of painting, types of painting, and all different topics concerning painting, starting from painting supplies to painting surface to the primer, varnish, and watercolors. The presenter explained the techniques and steps of using watercolors i.e. alcohol drops, dry brush, glazing, lifting, masking, plastic wrap, salt, scratching, and splattering. The presenter concluded the webinar with illustrative videos that demonstrate the watercolor painting process. The workshop is available for everyone who is interested in such arts.

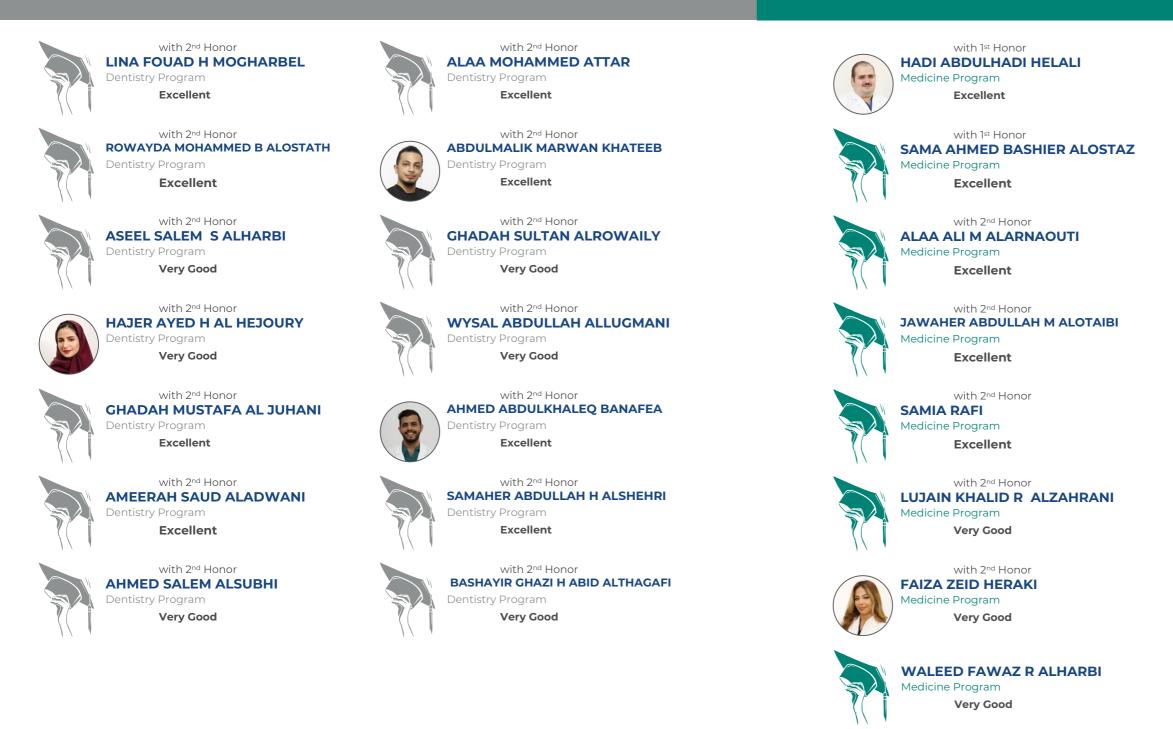


ALUMNI RECOGNITION OF HONOR STUDENTS 2020-2021

LIST OF HONOR DEGREE- 2021

DENTISTRY PROGRAM

LIST OF HONOR DEGREE- 2021 MEDICINE PROGRAM



with 2nd Honor SARAH WALEED ABDELRAZIK SAYED Medicine Program Very Good



with 1st Honor SARA ALTAF Medicine Program Excellent



with 2nd Honor SHAHAD DAIFALLA A ALSULAIMANI Medicine Program Excellent



with 2nd Honor AAMNA QASIM Medicine Program Excellent



with 2nd Honor **FATMA MOHAMMEDTHANI O, SOKAIL** Medicine Program **Excellent**



with 2nd Honor **RIDA NABEEL A. RAYES** Medicine Program Very Good



with 2nd Honor **MAJED AHMED A ALTHAGAFI** Medicine Program Very Good



with 2nd Honor MARIYA SYED SHAH MUKHTAR ALAM Medicine Program Very Good



ELAF ABDULKADER A KANOORI Medicine Program Very Good



with 2nd Honor **RNAD ABDULLAH MOHAMMED BORAH** Medicine Program Very Good

LIST OF HONOR DEGREE- 2021

PHYSICAL THERAPY PROGRAM

LIST OF HONOR DEGREE- 2021 RESPIRATORY THERAPY



with 2nd Honor **LEENA JALAL ALANBAAWI** Physical Therapy Program **Excellent**



with 2nd Honor **AFNAN ABDULLAH ALSHEHRI** Physical Therapy Program **Very Good**



with 2nd Honor **RAWAN ADLEY ALASSAWI** Physical Therapy Program **Excellent**

with 2nd Honor FOTOON SAMEER BADGHAISH Physical Therapy Program Very Good

LIST OF HONOR DEGREE- 2021

RADIOLOGIC SCIENCES PROGRAM



with 2nd Honor **RABAB SALMAN MATAR** Radiologic Sciences Program



Excellent with 2nd Honor AHLAM GHUWAINEM S ALASLANI

Radiologic Sciences Program
Excellent

with 2nd Honor ALIYATU SULE HAMZA Radiologic Sciences Program Very Good



with 2nd Honor **TORKI NADER SHAK** Radiologic Sciences Program **Excellent**

with 2nd Honor AHMAD BASSAM ALAWA Radiologic Sciences Program Very Good



with 1st Honor NORAN ALI HERBLI Respiratory Therapy Excellent

with 2nd Honor SEHAM MAHDI ALQURAYSI Respiratory Therapy



with 2nd Honor **JOUD HARITH ALSHARIF** Respiratory Therapy **Excellent**

Excellent



with 2nd Honor **RAZAN HASSAN SUBAHI** Respiratory Therapy Very Good



with 2nd Honor MOHANNAD MOHAMMED S BATAIS Respiratory Therapy Very Good



with 1st Honor AYAT SALEH ALAMRI Respiratory Therapy Excellent



with 2nd Honor **FATIMAH YOUSEF ALAJLANI** Respiratory Therapy **Excellent**



with 2nd Honor WLAA MOHAMMED ABUALASSARI Respiratory Therapy Excellent



with 2nd Honor AMINAH IBRAHIM ALI ABOULOWZ Respiratory Therapy Excellent



with 2nd Honor **NUHA ABDULLAH ALHAFI** Respiratory Therapy Very Good



with 2nd Honor MAWADAH MOHAMMED ALKHATEEB Respiratory Therapy Very Good



YOU DESERVE HAPPINESS

Happy employee is the most productive. Is this statement correct?

What is job happiness? Who is the happy employee? What is his/her characteristics? What are the happiness factors for an employee? And what does this have to do with employee productivity?

Job happiness: It is a personal decision taken by an employee. It involves a strong emotional bond towards the entity he/she works for, and a state of emotional and intellectual integration through which an employee finds himself responsible for the success of his/her workplace.

Factors of employee happiness: Several factors must be available and complementary in order to create this feeling within an employee's psyche, including but not limited to (his/her love for the field of work in which he/she works - the atmosphere of familiarity among the work team - the presence of a specialized team that always strives to search for the problems facing the employees and create solutions.

Attributes of a happy employee:

Happy employees have the conviction that the success of the business is their personal success which makes them more creative, distinguished, committed, and responding to what their work is entrusted to them by their management. In addition, happy employees are consistent and interactive with the work they provide, as well as supportive of their colleagues.

Administrations access to employees' happiness is one of the most important factors that contribute to obtaining high competence in job performance.



You deserve Happiness

By: Mrs. Hanadi H Fakirah **Employee Retention Officer**

BECOME A MEMBER OF ALUMNI ASSOCIATION

As a BMC alumni, you are part of a big community of over 2000 talented alumni. We value the impact you are making to various fields such as science, innovation, and technology. As a member of the BMC Alumni, you will benefit from an engaged and lifelong network and enjoy access to a wide range of networking, opportunities, and events to support you professionally.

Now you can be involved and contribute with:

- Updates in life and career.
- Photographs of news about your hobbies, achievements, and awards.
- Research stories, experiences, and essays
- Ideas about content, subjects to be discussed, ad proposed themes



For more information, or if you are interested in becoming a member in our team, please contact:

Mr. Faisal Ghazi Ext. 1810 Faisal.ghazi@bmc.edu.sa Ms. Zahrah Asiri Ext. 1026 Zahrah.asiri@bmc.edu.sa





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