

BATTERJEE MEDICAL COLLEGE
A PUBLICATION OF THE BMC ALUMNI MAGAZINE

ALUMNI

Issue 17 Sep 2022



TEDX

BMC was honored to host the TEDx conference for the first time. Fruitful discussions of ideas were presented by valuable speakers in different topics.

BMC RESEARCH

Research and Sustainable Development Goals – New Strategy Plans and Themes for Research Unit at BMC

BMC MUN

Two years planning has resulted to the launch of the first BMC MUN conference that was held in BMC campus in Jeddah as part of the students development activities.

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WELCOMING WORD

DEAR BMC ALUMNI

Welcome to the Winter edition of the BMC Alumni Magazine – Issue 16. As the previous editions, we hope that this edition provides both insight and inspiration and shines the spotlight on what our alumni, faculty, staff, community partners, and students are accomplishing to make a positive impact. This edition is an extension of BMC's efforts to maintain a community of connected learners, researchers, scientists, healthcare providers, and powerful leaders.

This edition emphasizes the core values of BMC that invests in research, social responsibility, quality medical education, and community service. Through deep-thinking processes, creative analysis, and well-developed plans, BMC leaders are creating an expansive space for alumni, faculty, staff, and students to explore themselves as creators, collaborators, and public servants. This edition introduces the philosophy of the College in terms of research, social responsibility, and community service. Furthermore, this edition features the demonstration of strategic planning, visions, and goals of the College. The implementation of these services and goals demonstrates the ability to execute quality and consistent outcomes.

The vibrant series of events that targets different population of the BMC community connects alumni to the College and their fellow graduates. BMC is committed to support its alumni and celebrate their achievements as professional healthcare providers.

In this edition, we aim to inspire you through exemplary leaders at BMC, demonstrate our commitment to research and social responsibility, and celebrate cornerstone achievements of our community.

We are proud of the work that we have accomplished! You are invited to be part of of what comes next and look forward to connecting with you!



The image shows the front entrance of Batterjee Medical College. The building is a multi-story structure with a prominent portico supported by several tall, white, fluted columns. The name "BATTERJEE MEDICAL COLLEGE" is inscribed on the pediment above the columns. The building's facade is primarily red brick with white window frames and trim. The sky in the background is a mix of blue and yellow, suggesting a sunrise or sunset. The overall lighting is bright and warm.

MESSAGE

FROM BMC ALUMNI

When we decided to join Batterjee Medical College, we all had the same childhood dream, which was merely to become doctors, pharmacists, or nurses and eventually to be addressed by these titles!

We still remember our first day at BMC when the professors asked us why we wanted to be doctors, nurses, or pharmacists. On that day, when we returned home, we kept asking ourselves the same question, seeking a real answer.

Our professors taught us that medical courses are not strings of sounds and letters joined together but rather documents about human nature. These courses are sources of knowledge to support us assist people who need help and that what will make us proud!

This was the beginning, a beginning of a dream turning into vision, and vision turning into reality. When you turn over the pages of this magazine, do not think of it as drops of ink on white pages. Think of it as the product of years of study. It represents our dreams, visions, and goals.

As you are reading this magazine, you would be reading us!

ALUMNI SUCCESS STORY

My Name is Ahmed Tariq Alhassawi, a physical therapy specialist interested in critical care and cardiac rehabilitation. My workload is almost in the Intensive Care Unit and Cardiovascular Unit and I am the Deputy Head of Medical Rehabilitation Department in King Abdullah Medical Complex, Jeddah.

I joined BMC's Physical Therapy Program in 2006-2007 for four years program. I was in the student union as the Leader of the Physical Therapy patch. I started my internship in 2010 at the Saudi German Hospital Jeddah for 6 month and the other 6 month was in King Faisal Specialist Hospital, Jeddah. I graduated in 2010/2011 and started my career at King Faisal Specialist Hospital, Jeddah as an SCDP trainee for 1 year and I was then appointed as a Physical Therapy Specialist. I spent 8 years in this position before joining King Abdullah Medical Complex, Jeddah in 2018 as Physical Therapy Supervisor for 2 years. In July 2020, I was the Head of physical therapy department. Now, I am holding the position of Deputy Head of Medical Rehabilitation Department. In 2021, I was appointed as the CEO of the Saudi Physical Therapy Association in Jeddah. In 2022, I joined the Consultation Committee of the Saudi Physical Therapy Association.

Throughout my career, I faced a wide range of challenges. In 2014, I was assigned at the Intensive Care Unit in King Faisal Specialist Hospital to start a Rehabilitation Program for Middle East Respiratory Syndrome (MERS) cases. In April 2020, I was assigned as a member in the COVID-19 team at King Abdullah Medical Complex. I was the first Physical Therapy

Specialist in Saudi Arabia to operationalize a rehabilitation program in the Intensive Care Unit to work with COVID-19 patients.

However, I have always been motivated and inspired by the values that shape our commitment as healthcare providers. Regardless of the challenges, I managed to think strategically to overcome and survive the hardship in our profession. My future plans include the initiation of my Postgraduate Studies in Cardiac Rehabilitation.

As a student in Batterjee Medical College, my journey was difficult but with the support and inspiration of our instructors, Dr. Khalid Batterjee, Dr. Sameer Algazar, and Dr. Osama Rajaae, I accomplished my academic goals. Believe in yourself and one day you will become a successful practitioner in your field.

CLOSER LOOK AT Ms. Maha Ibrahim

Ms. Maha Ibrahim is a passionate lecturer in her speciality at BMC. Alumni Unit has this deep and interesting interview with her to discover her passion and interesting personality.

Please give us a brief idea about yourself and your career profile. Who is Maha Ibrahim?

Well, I am currently working as a Lecturer in the Nursing Program, Batterjee Medical College, where I teach Nursing Sciences to undergraduate students. My passion for higher education in medical academic field guided my path to acquire a master's degree in Medical Education from Fakeeh College for Medical Sciences, where I graduated with first honor degree.

My passion for medical science started as I graduated from King Abdul-Aziz University with a bachelor's degree in Nursing, followed by an internship year in the University's Hospital and King Faisal Specialist Hospital and Research Centre. Finally, my hands on experience as a surgical nurse was through my work experience at International Medical Center in Jeddah.

Holistically, my vision revolves around improving the Saudi health care sector through educating future talents and providing them with enablers to succeed, be more knowledgeable, compassionate, and professional medical staff.

Why did you choose your field of Nursing? and What was it your first choice?

I am highly ethical and compassionate person while being committed to integrity and excellence. Those attributes are highly aligned with the medical fields values and share common grounds with nursing field characteristics. This was one of the reasons in choosing this field as a first choice and it felt as a perfect fit while I enjoy helping others and giving back to the community.

Did you regret choosing this major?

Never, on the contrary, I thank God that I chose this field and I am constantly receiving positive validations as I grow in my career while enjoying every aspect of it.

Describe a challenging situation that you have faced during your work/study and how did you handle it?

Challenges never end, the more you handle responsibilities, the more challenges will arise. To be a role model for my students is my main goal, I try to be available for them in times of need, deliver the information in a simple relatable way and help them navigate their educational journey as enjoyable as it could be. I always try to connect them with nursing on an emotional level to be able to appreciate this field and to be professional nurses in the future.

Can you think of a specific individual who left a great impact on you as a person?

I would say all the nursing professors, lecturers, and hospital staff who I met and learned from in my early years in nursing college. They convinced me to pursue nursing as a career with their kindness, high level of knowledge, and commitments.

What has been the most difficult/emotional situation in your career? What was the lesson you got out of this situation?

One of the toughest periods I faced during my career is when I decided to pursue my master's degree while being active on the job as a Clinical Instructor. At the same time, I wanted to fulfill my social duties as a wife, mother, and friend. One of the main lessons I learned is to balance between study, work, and family, which was emotionally draining and difficult at certain times but could not be achieved without the appreciated support and encouragement from all around me, including but not limited to, teachers, mentors, colleagues, management, family, and friends.

Any advice you would like to share with students

To all students in the medical field, you are here for a reason, search for your inner purpose to be in this field and fulfill your passion by enjoying every minute of your studies and training. Do not forget that in the near future, you will graduate and deal with patient's lives. Try to communicate with your patients always and address their emotional needs as well as their physical ones. Be professionals and a role model for generations to follow. You are a representative of yourself, colleagues, and college. Always be the best version of yourself and put on a nice smile on your face while doing your job with integrity and honor.



ALUMNI IN THE SPOTLIGHT

I am Sultan Gohal, 36-year-old, married with two daughters. I graduated from BMC in 2022 with a degree in Medicine and Surgery. Throughout my years as a student in the Medicine Program, I was working also as a Pharmacy Technician. I used to attend to college in the morning while working as a Pharmacy Technician at night

I liked Medicine since I was a child, but because of some circumstances, I couldn't study Medicine at that time. Hence, I planned to accomplish my dream later in my life. I decided to be a Medical Doctor because it is the career through which I can save a soul. Hence, I am planning to specialize in Surgery.





BMC RESEARCH

Research and Sustainable Development Goals – New Strategy Plans and Themes for Research Unit at BMC

BMC Research Unit strategic plan has been established in alignment with BMC's strategic plan and goals. The plan fosters an interdisciplinary research community and cultivates research principles that promote ethical, complex, novel, and groundbreaking research initiatives. It invests in facilitating the investigation of intrinsic scientific research problems and supporting research to serve issues of importance to local and global communities. The Unit provides students and faculty with assistance, guidance, and research resources to execute outstanding ethical research that are well-designed and properly conceptualized. It regulates frameworks of ethical research practices and oversees the execution of research plans. In addition to promoting research concerning issues of social responsibility, BMC Research Unit supports research that enhances the understanding of challenges and issues pertaining sustainable development. These implemented conceptualizations framing the function of the Research Unit extends BMC's strategic plan and embodies values of the Kingdom's Vision 2030.

Sustainable development is a normative concept that seeks inner- and intergenerational justice by selecting development paths that ensure the well-being of all humanity while respecting planetary boundaries. The notion has been extensively debated and implemented in political, economic, sociocultural, and scientific debates. The extensive and inclusive negotiation process that resulted in the creation of the sustainable development goals, which concretized the normative aspect of sustainable development, has now been recognized as a breakthrough.

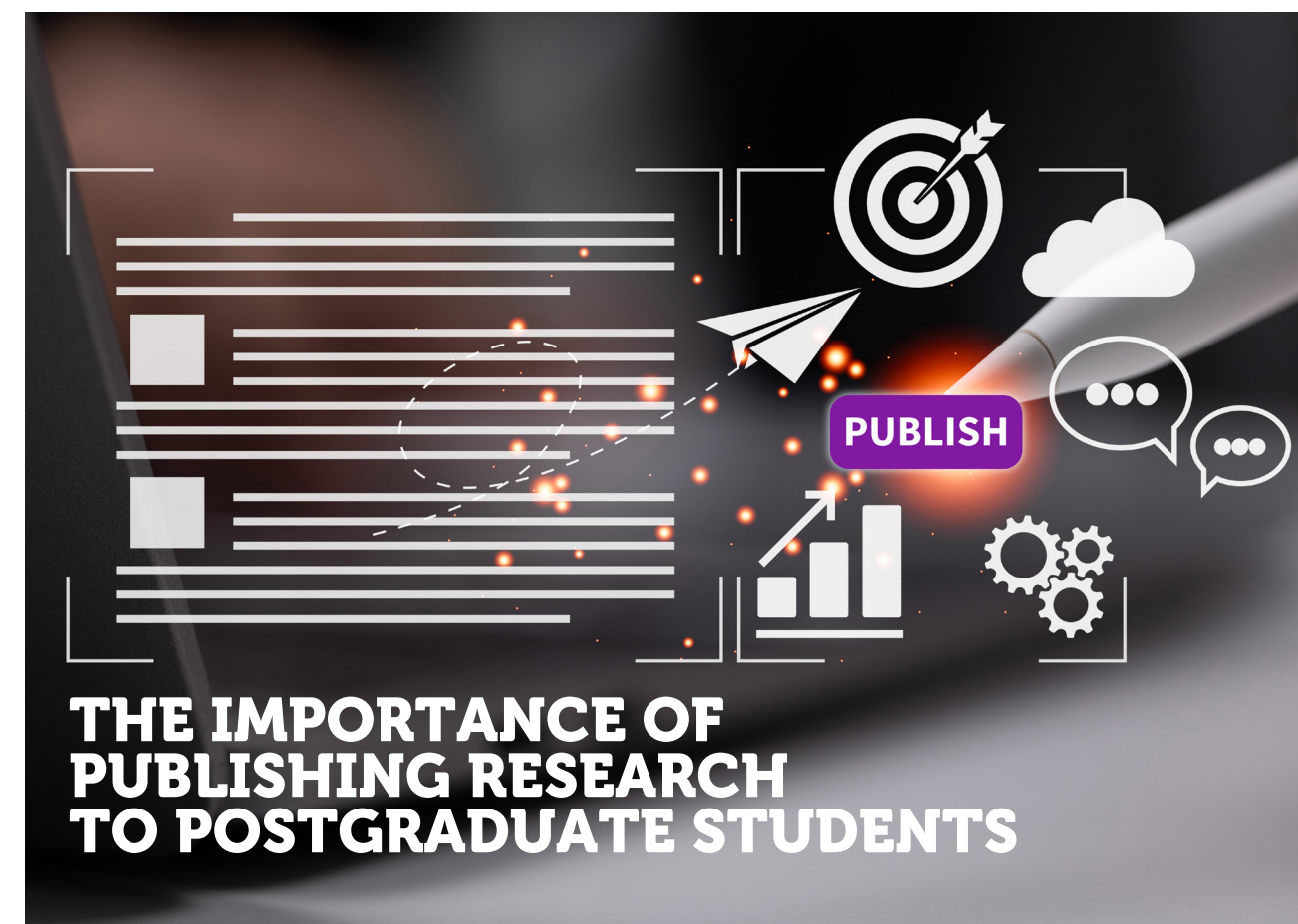
BMC Research Unit has also introduced four new themes: health and wellbeing, quality of education, Gender equality, and reduced inequalities. One of BMC's goals is built on high-quality research that relies on understanding the fundamental underpinnings of health and diseases. Furthermore, access to quality education is crucial and a prerequisite to achieve desired sustainable economic development. In alignment with the Kingdom's Strategic Vision 2030, BMC is fully committed to promote a balanced representation of women and men in different roles and bodies and supporting research that addresses gender equality. Hence, BMC is engaged in a broad range of research projects and other initiatives that aimed at addressing issues of equality and justice in relation to gender, age, and disability, as well as intersections between these, across multiple disciplines and in interdisciplinary teams. All in all, these themes define BMC's values and fulfil the research unit's mission and vision.



The Research Unit at BMC has organized the 4th Annual Scientific Research Forum 2022, Translating Research into Practice: Transcribing Sustainable Development Goals. The Annual Scientific Research Forum encompasses the continuum of promoting Research Culture and showcases Batterjee Medical College Research. It was held on May 24, 2022 at BMC. The Research Forum targeted medical/healthcare educators, health care professionals and students of various health specialties and medical alumni. The Forum consisted of two Keynote Speakers, Dr. Saleh Ahmed Abdrabuh and Associate Professor of Clinical Biochemistry & Tumor Biology at the Faculty of Medicine, Umm Al-Qura University and Prof.

Jianbo Xiao, Department of Analytical Chemistry and Food Science, Faculty of Science, University of Vigo, Vigo, Spain. In addition, there was a variety of specialized sessions on different research themes, scientific discussions, researchers, and posters exhibition, showcasing some of the latest cutting edge research undertaken by BMC Academics, Students, and Alumni across the various medical fields of Medicine, Dentistry, Radiology, Physical Therapy, Healthcare Administration, and Respiratory Therapy. The program of the forum was designed to highlight and question the interplay between research, science, and society to address sustainable development goals by tackling the main themes: health

and wellbeing, quality of education, Gender equality, reduced Inequalities. There was a total of 14 speakers, as well as more than 25 posters, representing many presenters that covered almost all the Research themes. The Annual Scientific Research Forum 2022 was a successful, meaningful, and informative event.



Postgraduate research is an essential competency that all students need for a bright future. In fact, there are many reasons for why graduate students may choose to embark on research. Post-graduate research is an obligatory requirement which builds different important skills and identifies a variety of opportunities in the marketplace.

Research is the key to potent knowledge that can be used to thrive in our developing world. Students can be empowered with knowledge in the first stage of their research, from the moment that a student chooses his/her topic. Since the subject of research is considered a powerful scientific tool that is going to discuss a critical problem,

idea, or theory, a student will get a chance to observe and take a deep look into his/her surrounding community. Students also need to delve deeply into critical issues that have a high visibility effect and high reverberation among people. The identification of unsolved problem is extremely important to improve three competencies such as: observing data, interpreting data, and collecting that data to represent in research. However, the next step to submit this data as research is the most important stage as it has certain criteria. As a researcher, you are responsible for ensuring that your research topic is not reproduced. You must also find a journal which should be published in Scopus or indexed journals (ISI) just to guarantee a better quality of

your research. Subsequently, by integrating this data into your research and publishing it, you will achieve an advanced level of research. In fact, the collection and analysis of these data into research will add two key results competencies: organizing data and problem-solving skills.

Ultimately, postgraduate students need to act and initiate the publication of research to ascend one's future. Thus, for all those who want to pursue their doctorate, find a new job, or have a promotion, "strike while the iron is hot" and start up your research now. For any further information, you can contact the BMC Research Unit at: Research. Unit@bmc.edu.sa.

BMC SOCIAL RESPONSIBILITY



Does Social Responsibility Mean Community Service?

Community service is the analyse of the social, human, and ethical aspects in all institutional activities. In addition, it is a sign usually associated with the social activities of "individuals," and does not require a group of people or agreements between two parties. Examples: taking care of retired employees, raising awareness of different diseases, and cleaning a specific beach or place.

Social Responsibility is a broad concept in which institution take into account the various aspects of life in society and to unite with various institutions, whether in the public or private sector to promote society, and its well-being, cooperate with them to share successful experiences on social responsibility programs with legitimate competition and

integration, and help the state to bear its burden, contribute to sustainable development, and build meaningful strategies to serve the individual and society.

Examples: creating common mechanisms for the development of the country's economy, caring for low-income groups and helping them find a livelihood, providing donations and subsidies to build schools and hospitals, supporting students in scientific research, training and providing facilities, participating in cultural, tourism, media, and educational aspects.

This distinction must be understood as the role of social responsibility is not directed towards society. Society in social responsibility must be satisfied with the means of work of business organi-

zations and acceptance of their objectives. In addition, the interest of society expands further in social responsibility.

Finally, we conclude that social responsibility cannot be achieved without community service, while social responsibility can be satisfied as a guarantee of minimum community service, since social responsibility is to embrace community service. The concepts in their levels and dimensions include the charitable and human dimension.

Integrating a Pedagogy of Social Responsibility into Health Sciences Studies

The integration of university social responsibility (USR) into the context of higher education is in the forms of research, pedagogy, and public service. A pedagogy of social responsibility is a recently coined term that has been adopted to integrate social responsibility goals into diverse educational pedagogies (Wallace, 2020). Theories of social responsibility in education are conceptualized within ecostudies theory and pedagogy that are operationalized through teaching aspects of environmental sustainability and sustainable community development as well as designing curriculum that are concerned with researching environmental issues and proposing possible solutions. In addition, theories of social responsibilities are framed within the principles of transformative the-

ories that invest in students' agency, critical consciousness, and empowerment. In this sense, a pedagogy of social responsibility combines learning and principles of environmental sustainability.

A pedagogy of social responsibility in healthcare is an extension of ecostudies and transformative theories that aim at sustainable development, social justice, critical consciousness, and public service. The integration of social responsibility principles into the curriculum is an embodiment of a complex hierarchy of thinking processes through which educators utilize their coursework and assignments to provide a proactive space for students to participate as agents of change and contribute sustainable healthcare services. Hence,

educators in healthcare education are required to develop the awareness, consciousness, knowledge, and skills to design pedagogies that are responsive to public health issues and dedicated to consistent community service. The activation of social responsibility in healthcare educational pedagogies requires systematic strategic planning, creativity, and consistency. Principles of social responsibility can be activated in our pedagogies through re-thinking the assignment designed to our students. Assignments can be a good entry point to connect students to their communities. Values of social responsibilities can function as a guide to frame our thinking while designing our pedagogies to serve the goals of the community.

NEW MOUS FOR SOCIAL RESPONSIBILITY AT BMC

On 13 June 2022, a Memorandum of Understanding was held between BMC College and Al-Himam Centre. Based on the Kingdom's Vision 2030, the National Transformation Program 2020, and sustainable development goal, BMC collaborated with organizations in the private sector to achieve social and transformational goals. This memorandum was adopted to activate the partnership between the two parties in social respon-

sibility and promote Islamic principles of giving and cooperation.

The memorandum aims to activate and develop joint work in various fields, in addition to initiatives between the two parties, which include: providing available diagnostic, therapeutic and rehabilitation services to beneficiaries of persons with disabilities and their families who are within the geographical scope in accor-

dance with the procedures followed and participating in awareness and education programs that contribute to educating the community. In addition, the memorandum promotes the principle of cooperation between families and healthcare providers to serve patients and hold meetings with parents with disabilities.



FEATURED NEWS

Batterjee Medical College Annual Book Fair 2022

BMC Library hosted its first Book Fair on May 16 & 17, 2022. The purpose of the event was to bring young readers together to celebrate literacy and cultural heritage. The aim was to provide a unique reading experience as well as highlighting the significant impact reading has on our lives.

The theme of BMC Book Fair 2022 was "TODAY'S READER. TOMORROW'S LEADER." This theme promoted reading habits among students and reminds everyone that reading is an essential and important aspect of creating a literate society. It shapes the personality of an individual and helps develop the proper thinking methods to create innovative ideas. Reading leads to healthier minds today, and stronger, happier communities tomorrow.

The fair was organized to achieve many purposes, including to raise awareness of reading amongst the college students and highlight the significance of books. The fair aimed to supply a platform for interaction and networking between students and lecturers, starting various schemes such as cultural clubs and teamwork to

strengthen the traditions of reading, and develop mutual trust and interaction between the readers and bookstores. BMC curated a first-class book fair that stood as a marketplace and a network field for the participants, offering an opportunity to promote their business and communicate with their competitors and consumers.

The two-day event, held on the college campus, offered buyers hundreds of new and used books in different languages. The participants were made up of different bookstores: Dar Erfaa, The Monochrome store, Dar Alsun, Dar Almareekh, and King Fahad Public Library in the fair, creating a unique and diversified exposition. Each bookstall held an abundance of assorted books, ranging from science fiction, storybooks, novels, history, non-fiction, children's books, and many more, bringing colors to the world of words.

In addition, the College's Library has partnered with the Saudi Center for Fine Art to be part of the fair and highlight some of their finest collection and share the history of the field of art in Saudi Arabia. The corner featured a life painting

session to motivate visitors and add a special touch to the exhibition. The wide presence of students was a notable feature of the event, encouraging cultural exchange and raising cultural awareness. Three main corners "Vintage corner," "Arabic corner," and "English corner" were offered in the students activities wing.

Commending the participation, Prof. Mohammed Tayeb Dean of BMC, and Dr. Ikhlas Sindi, Vice Dean of Student Affairs, who praised the fair and acknowledged the efforts and contributions of Library department.

A notable thanks to the library team, Ms. Manal Alghamdi and Ms. Hanan Jawa; and all the students who took part in organizing the event from the Library Club, Volunteering Club, and English Club; and to Dr. Nouf Alshreif, Assistant Professor of English, and Dr. Abdullah Aqeeli for their collective efforts in making the exhibition a success.

BMC Library is keen to make the book fair an annual exhibition with a distinctive position on the map of book fairs.



TODAY'S READER TOMORROW'S LEADER!

BMC BOOK FAIR



Monday | **16th MAY** | **10:00 AM**
Tuesday | **17th 2022** | **03:00 PM**

BMC LIBRARY

BMC.edu.sa

TEDx

On Thursday, March 19, 2022, BMC was honored to host TEDx conference for the first time. BMC is one of the leading educational institution in medical education. The vision of BMC is to become a distinguished benchmark of innovative and excellent medical education. The goal of TEDx team is to present a dynamic TEDx experience to our community through which participants share their outstanding experiences and creative thinking.

TEDx is an annual event that brings together the world's leading thinkers and doers to share ideas that matter in any discipline. TED's overall mission is to research and discover "ideas worth spreading." It provides a local forum for ideas within the community that inspires people to change their lives, their futures and ultimately their world. TEDx presents carefully prepared talks, demonstrations, and performances that are idea-focused, covering a wide range of subjects that foster learning, inspiration, and curiosity and provoke conversations that matter.

The opportunity to hold a TEDx event has granted us an exciting access to the global community of thinkers and doers. We desire to encourage the passionate members of our community to enhance their participation and collaboration skills that could bring about a dynamic change in life.

TEDxBMC theme "A Closer Look" provides distinguished speakers with the opportunity to present exceptional ideas and outstanding experiences that hold life changing potentials. Our choice of theme bears the responsibility to host speakers who can present well-informed knowledge, an innovative research, or a life changing experience that can tap into the imaginations of our community and help bring about empowering changes.

TEDxBMC presented original ideas/point of views/arguments that are inspired by the culture and values of our community and widely relatable, authentic and original topics/experiences/ideas that have not been extensively discussed or widely utilized, ideas that expand or reposition perceptions (e.g., a scientific research that expands or repositions people's thinking about a social phenomenon or previously defined concepts, a philosophical argument that reshapes existing understanding of concepts or scientific/cultural/social issues), arguments that defend a specific points of view based on personal experiences and scientific research.



Dr. Ikhlas Sindi



The speakers of TEDxBMC were Dr. Ikhlas Sindi, The Value of Rejection; Dr. Ahmed Altayyar, The Power of Healthcare Interprofessional Collaboration; Dr. Iyad Feteih, The Experience Matters; Dr. Ibrahim Subeih, Cyberphysicality; Ms. Basma Hashim, Climbing to the Moon; Dr. Nouf Alshreif, The Power of Labeling in Education; Eng. Khalid Shurbatly, Create Your Niche; Mr. Mohammed Almousa, كلاب قاضي...طوبو; Ms. Rozana Albanawwi, Transcending Together; Dr. Badr Aldain Altazi, تغيير العقلية قبل تغيير المصنفة; Dr. Moayad Althagafy, ليست لانا; Ms. Nisreen Alshami, Is It Love or Hate Relationship?; Dr. Asala Wafa, Success and Failure; Dr. Sahira Nahari, Where Art and Medicine Meet; Mr. Ahmed Hafez, Better Not More: The Dilemma of Perfection.

200 guests attended the conference. At the end of the event, appreciation souvenirs were given to all speakers as an honor of their participation in the conference. Main organizers were also recognized for their efforts in organizing the event. Memorable photos were taken for all speakers with the Dean, Dr. Mohammed Altayeb and Vice Dean, Dr. Ikhlas Sindi.



BMC MUN



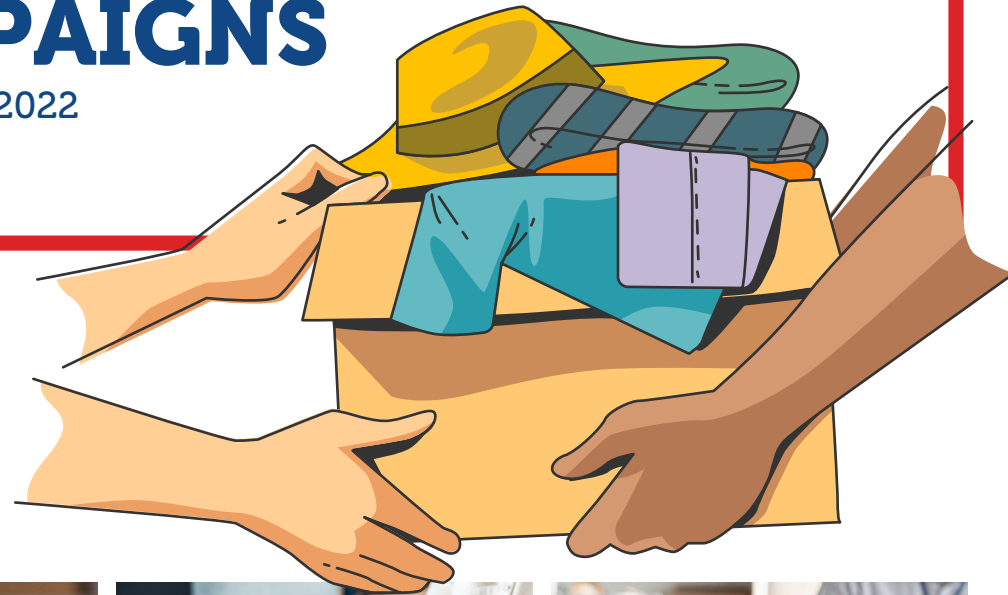
On Wednesday, May 25, 2022, intensive planning has resulted in the launching of the first BMC-MUN conference that was held in BMC campus in Jeddah as part of students' development activities. With the huge effort of two students: Ms. Fatima Oun. and Mr. Mohammed Al Nahari, guidance of Dr. Nouf Alshreif, the conference was held on campus for three days in a row. The event was opened for students from universities, colleges, and schools.

First day was the welcoming day for BMC participants and students from different universities, colleges, and schools. Dr. Nouf Alshreif, the MUN Director, addressed the audience with welcoming a speech. Participants were gathered in the first day in different lecture halls for mingling and lobbying. Students were involved in ice breaking activities and discussions of the topics that will be discussed in Day 2 of the conference. In Day 2 and 3, students discussed various issues pertaining to economy and society. Participants then presented "resolution papers" to their related groups based on these discussions. Each participant played a "delegate" role for a specific country and shared their respective countries' views on topics discussed. Discussions took the form of debates which motivated students' sense of critical thinking and reinforced skills of quick thinking and articulation. Recognition awards were provided in the ceremony at the end of the conference such as: best delegate award and best resolution paper award.



COMMUNITY SERVICE CAMPAIGNS

Keswatul Eid 2022



On April 20, 2022, an annual event entitled "Keswatul Eid" was held by the Volunteering Club and supervised by Mrs. Aliaa Abdelrazig. The event had a sentimental value in sharing clothes with people in need to bring a smile to their faces and be a part of their celebration in Eid with their families. Clean and neat clothes were collected from BMC male and female students by a group of approximately 15 volunteers led by Ms. Marwah Samarqandi from the PY program along with the assistance of Mr. Hussain Taher.

ASTHMA AWARENESS DAY



As an effective participation in the World Asthma Day, the Respiratory Therapy Department's students and faculty have arranged multiple school visits to provide knowledge of Asthma to the younger generation and enrich their information about the disease. The visits also included on-the-spot peak flow meter measurements, awareness sessions, general discussions, games, and painting competitions. The activities highlighted the concept of asthma control and participants were offered attractive gifts. The RT department aimed to educate the younger generation about asthma and promote awareness about how this serious, sometimes life-threatening, chronic respiratory disease can be controlled.

TURN YOUR IDEAS INTO ACTION



Three students volunteered from the Health Management Program, along with a faculty member and visited Nobles International School to meet up with senior students in an interactive workshop. Students were divided into groups and held discussions about the following:

- What do they aspire to become? What areas/fields are they interested in?
- What do they know about healthcare management and administration?
- What criteria do they look for when they apply to universities?

The workshop was positive and interactive, and the students were interested and engaged in the discussion. Students' feedback showed that the workshop was helpful and interesting.

BMC CLUBS ACTIVITIES

The Effectiveness of Intellectual Awareness and Arabic language

The Arabic Language and Islamic Culture faculty members organized an event titled: "the effectiveness of intellectual awareness and Arabic language." on Tuesday, March 3rd. This event aimed to shed light on the importance of the Arabic language role in cultural communication among Arabs and others. The event also emphasized the role of the Arabic language in spreading various kinds of sciences across the world. The event highlighted the intellectual awareness and its role in protecting youth from religious aberration and in promot-



ing loyalty to their homeland countries and their superiors. Lastly, the event aimed at spreading the culture of moderation and constructive dialogue and promoting tolerance, acceptance, and coexistence values.

Influencers Got Talent

On Tuesday, March 22nd, an annual event entitled: "Influencers got talent" was held by the Influencers Club. Various talents were presented, ranging from solving Rubik's cube in 90 seconds, singing, poem citation, and presenting motivational speeches. The event promoted self-confidence and encouraged audience to showcase their talents.



International Women Day

On Tuesday, March 8th, Ms. Nadeen Eid and members of the women empowerment club have arranged an event titled: "International Women day. The event was a good opportunity for students to show their talents in cooking, designing, and drawing and enforcing the exchange of different food, languages, and culture.

How to Get Rid of Fears

Types of emotions, definition and types of fear, and how to control feelings of fear were topics that were discussed in a webinar presented by Mrs. Nadeen Eid titled "How to get rid of fears" The webinar was introduced on Tuesday, May 17th 2022 as part of students development. It was aimed to show students how to control their emotions and help them explore themselves which can eventually develop their morals and help them contribute in building better community.



BECOME A MEMBER OF ALUMNI ASSOCIATION

As a BMC alumna, you are part of a big community of over 2000 talented alumni. We value the impact you are making to various fields, such as science, innovation, and technology.

As a member of BMC Alumni, you will benefit from an engaged and lifelong network and enjoy access to a wide range of networking, opportunities, and events that support you professionally.

Now you can be involved and contribute with:

- Updates in life and career.
- Photographs of news about your hobbies, achievements, and awards.
- Research stories, experiences, and essays.
- Ideas about content and topics to be discussed.



For more information, or if you are interested in becoming a member in our team, please contact:

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